

**BEFORE I DIE NEW MEXICO FESTIVAL
NOVEMBER 1-4, 2024, PLUS OCTOBER 24 and 26
SCHEDULE OF EVENTS
(As of October 14, 2024)**

The **Before I Die New Mexico Festival** will take place at different locations each day in the Albuquerque metropolitan area. The festival has entertaining and educational elements that get people to discuss end-of-life issues and plan ahead. **Most sessions will be available online as hybrid events, with audiences participating both in-person and via Zoom.**

View the schedule and register online at:

<https://beforeidiefestivals.com/2024-before-i-die-nm-festival-event-schedule/>

Thursday, October 24, 2024

Location: Tractor Brewing Wells Park, 1800 4th Street NW, ABQ, NM 87102

Millennial Morticians with ABQ Brews: Death Doula Edition

6:00 p.m. to 9:00 p.m. Free event! Buy a drink and ask questions of death doulas Brooke Nutting, Danielle Slupesky and Kelly Saindon, Licensed Spiritual Counselor, during this evening at Tractor Brewing Wells Park location. Stick around for the film *Just Buried*, a comedic look at how the owner and staff of a funeral home in a small town stays in business.

Saturday, October 26, 2024

Location: Unity Spiritual Center, 9800 Candelaria Rd. NE, ABQ NM 87112

Death is Not a Dirty Word Resource Fair

9:00 a.m. to 12:30 p.m. Albuquerque is blessed with incredible resources to support end-of-life planning and care. Come meet your local resources, from home funerals to green burial, sacred space to legal documents, and everything in between. Free, refreshments provided.

Location: Historic Fairview Cemetery, 700 Yale Blvd. SE, ABQ, NM 87109

Murder and Mayhem Cemetery Tour

1:00 p.m. or 3:00 p.m. Murder and Mayhem Tour (Register for the festival at the \$80 level) Wear your walking shoes for this fascinating tour of Historic Fairview Cemetery! Meet some of the “permanent residents” who died because of murder or mayhem. This is a fundraiser for the nonprofit organization supporting the cemetery, founded in 1881.

Saturday, October 26, 2024

Location: Provided upon registration

Death Over Dinner Event

6:30 p.m. Join Gail Rubin, CT, The Doyenne of Death and Before I Die Festival Coordinator, for an intimate dinner and discussion (register for the festival at \$100 level).

For more information about the Before I Die New Mexico Festival, contact:
Gail Rubin, CT, Festival Coordinator, PH: 505-265-7215, Email: Gail@AGoodGoodbye.com

Friday, November 1, 2024

Location: Passages International Headquarters, 4516 Anaheim Ave. NE, ABQ, NM 87113

Theme: Eco-Friendly Funerals

8:30 a.m. – 9:00 a.m. Check in/coffee

9:00 a.m. – 10:00 a.m. Welcome by Darren Crouch, president of Passages International and the Green Burial Council, discussion of eco-friendly funerals and Etern.Life geo tag program. (viewable on Zoom)

10:15 a.m. – 11:15 a.m. A representative of Better Place Forests talks about their innovative memorial forests that provide a natural alternative to cemeteries. (viewable on Zoom)

11:30 a.m. – 1:00 p.m. Tour of Passages International headquarters, lunch with Death Café discussion.

1:00 p.m. – 2:00 p.m. Panel discussion: Desert, Forest, Sea, Etc. – Eco-Friendly Disposition Options, panelists TBA (viewable on Zoom)

2:15 p.m. – 3:15 p.m. Demonstration of shrouding process. (viewable on Zoom)

3:30 p.m. – 5:00 p.m. Bamboo and Jute Casket Assembly Contest. (viewable on Zoom)

November 1 Evening Event: Mortality Movies Showing and Discussion

Location: Death Doula Professionals, 1724 Moon Street NE, ABQ, NM 87112

6:30 p.m. to 9:00 p.m. Watch a film related to the day's theme of environmental issues and death and stick around for an insightful conversation. Attendees to vote on the choice of the 1973 classic *Soylent Green* or the 2014 documentary, *A Will for the Woods*.

Saturday, November 2, 2024

Location: Bosque Trails Hospice, 303 San Mateo Blvd. NE, Suite 104, ABQ, NM 87108 (use the entrance through the gate on Copper Avenue at San Mateo.)

Theme: Hospice 101

8:30 a.m. – 9:00 a.m. Check in/coffee

9:00 a.m. – 10:30 a.m. Hospice 101 and Medical Aid In Dying (MAID) with staff of Bosque Trails Hospice. (viewable on Zoom)

10:45 a.m. – 11:45 a.m. Hospice experiences with Gail Rubin and other speakers. (viewable on Zoom)

Noon – 1:00 p.m. Lunch with discussion/Barbara Karnes New Rules of Hospice video.

1:00 p.m. – 2:00 p.m. Grief Insights from Beyond the Veil with noted psychic Tammy Holmes. (viewable on Zoom)

2:15 p.m. – 3:15 p.m. Veterans' Care and Funeral Benefits with Bosque Trails Social Workers. (viewable on Zoom)

3:30 p.m. to 5:00 p.m. Five Wishes workshop – introduction to the Five Wishes form and opportunity to fill out the document. (viewable on Zoom)

November 2 Evening Event: Mortality Movies Showing and Discussion

Location: Death Doula Professionals, 1724 Moon Street NE, ABQ, NM 87112

6:30 p.m. to 9:00 p.m. Watch a film related to the day's theme of hospice and stick around for an insightful conversation. Attendees to vote on the choice of the 2007 film *Two Weeks* or the 2024 film *His Three Daughters*.

For more information about the Before I Die New Mexico Festival, contact:
Gail Rubin, CT, Festival Coordinator, PH: 505-265-7215, Email: Gail@AGoodGoodbye.com

Sunday, November 3, 2024

Location: Death Doula Professionals, 1724 Moon Street NE, ABQ, NM 87112

Theme: Planning for the Inevitable

8:30 a.m. – 9:00 a.m. Check in/coffee

9:00 a.m. – 10:15 a.m. “Let’s Get Ready! Everything You Need to Know Before You Go” with Dr. Kimberly Harms. Her talk explores the need to go beyond traditional estate planning and get our affairs in order emotionally. Acquire actionable steps for developing an Emotional Insurance Plan, and learn practical strategies for fostering forgiveness, reconciliation, and emotional healing within personal relationships. Her latest book is “Are You Ready? How to Build a Legacy to Die For.” (viewable on Zoom)

10:30 – 11:30 a.m. Chris Palmer, author of the new book, *Achieving a Good Death: A Practical Guide to the End of Life*, will discuss the elements needed to achieve a gentle, dignified, and peaceful death (presenting via Zoom).

11:30 – 1:00 p.m. Death Café conversation over lunch – an opportunity to discuss mortality concerns, openly and honestly.

1:00 p.m. – 2:00 p.m. “Shed Before You’re Dead” Downsizing panel discussion with Kathy B. Dempsey, RN, MED, CSP, Dr. Kimberly Harms, and Miriam Ortiz Y Pino with More Than Organized on the benefits of culling our massive amounts of stuff and ways to do it. (viewable on Zoom)

2:00 p.m. – 3:00 p.m. “Would You Hold a Living Funeral for Yourself?” with Kathy Dempsey, who is also a death doula who has helped clients hold their own funerals while they are still alive. (viewable on Zoom)

3:00 p.m. – 4:00 p.m. Book signing with Kathy Dempsey and Kimberly Harms.

November 3 Evening Event: Mortality Movies Showing and Discussion

Location: Death Doula Professionals, 1724 Moon Street NE, ABQ, NM 87112

6:30 p.m. to 9:00 p.m. Watch a film related to the day’s theme of discussing and planning for end-of-life issues and stick around for an insightful conversation. Attendees to vote on the choice of the 1971 cult classic *Harold and Maude* or the 2007 film *The Bucket List*.

Monday, November 4, 2024

Location: South Valley Multi-Purpose Senior Center, 2008 Larrazolo Rd. SW, ABQ, NM 87105 (located just off of Atrisco Drive SW)

Theme: Unexpected Deaths

8:30 a.m. – 9:00 a.m. Check in/coffee

9:00 a.m. – 10:00 a.m. Indigent cremation and burial in Bernalillo County, Diane Chavez, Operations Manager for General Services, Bernalillo County. (viewable on Zoom)

10:30 a.m. – noon The Office of the Medical Investigator (OMI) in New Mexico, Lauren Dvorscak, Deputy Chief of OMI. (viewable on Zoom)

Noon to 1:00 p.m. Lunch and Death Café

1:00 p.m. – 2:50 p.m. “Your Clock is Ticking: Are You Ready?” In this highly interactive session with Kathy Dempsey and Dr. Kimberly Harms, learn about unexpected death and how to prepare for it, as time runs out for individuals in the audience. (viewable on Zoom)

For more information about the Before I Die New Mexico Festival, contact:
Gail Rubin, CT, Festival Coordinator, PH: 505-265-7215, Email: Gail@AGoodGoodbye.com

3:00 – 3:50 p.m. Panel on Medical Aid in Dying (MAID) with Sherry Burns, Deborah Dugan, and Leah Becker from End of Life Options New Mexico (viewable on Zoom)

4:00 – 5:00 p.m. “Peace of Mind” with Karla Barela Lucero, Advance Planning Consultant, French Funerals and Cremations (viewable on Zoom)

November 4 Evening Event: Mortality Movies Showing and Discussion

Location: Death Doula Professionals, 1724 Moon Street NE, ABQ, NM 87112

6:30 p.m. to 9:00 p.m. Watch a film related to the day’s theme of unexpected deaths and stick around for an insightful conversation. Attendees to vote on the choice of the 1991 film *My Girl* or the 2006 film *The Queen*.

Choose your registration level:

- \$20 – Provides online Zoom access and for in-person attendees, a goodie bag with *A Good Goodbye* DVD set.
- \$40 – Includes a copy of the book, *A Good Goodbye: Funeral Planning for Those Who Don't Plan to Die*.
- \$60 – Includes a T-shirt from A Good Goodbye (Sizes M-L-XL-XXL)
- \$80 - Includes registration for the Murder and Mayhem Cemetery Tour October 26.
- \$100 – Includes Death Over Dinner event on October 26.

Register online for all events at: <https://beforeidiefestivals.com/product/before-i-die-nm-festival-registration/>

The Before I Die New Mexico Festival is made possible by the support of:

- A Good Goodbye: www.AGoodGoodbye.com
- Bernalillo County Indigent Program: <https://www.bernco.gov/general-services/about-the-program/>
- Better Place Forests: www.BetterPlaceForests.com
- Bosque Trails Hospice: www.BosqueTrailsHospice.com
- Conscious Crossroads End-of-Life Services: www.DeathDoulaDanielle.com
- Death Doula Professionals: www.DeathDoulaProfessionals.com
- End of Life Options New Mexico: www.EndOfLifeOptionsNM.org
- French Funerals & Cremations: www.FrenchFunerals.com
- Keeper Memorials: www.MyKeeper.com
- Passages International: www.PassagesInternational.com